

Team Members Code of Conduct

At Chelsea Calisthenics Clubs we are a unique sporting club focused on fitness, strength and fun through a variety of skills and dance techniques. But we also build skills beyond the sport; fostering confidence, teamwork, connection, independence and resilience in our members. These are lessons that have characterised Chelsea Calisthenics Club throughout our impressive history and continue to be the focus of our club today.

A team is about working together to achieve a desired outcome. So as a member of Chelsea Calisthenics Club you are required to comply with the following requirements in regards to your commitment and conduct during class, competitions & club events.

1. Respect the rights, dignity & worth of others.
2. Be fair, considerate & honest.
3. Conduct yourself in a professional manner and accept your actions.
4. Refrain from any form of abuse towards others (verbal, physical, sexual, emotional).
5. Participate according to the rules and respect any decisions made by coaches, team managers, officials & adjudicators.
6. Respect and work alongside your teammates, coaches, other members of the club and officials.
7. Inspire, Support & Recognise individual & team contributions.
8. Care and respect your equipment and costumes.
9. A positive attitude, good attendance and correct attire each week.
10. Full commitment to your team and coach each week.
11. I am a mentor/role model for our younger participants.
12. Foster sportsmanship & camaraderie at competitions



Parents / Guardians Code of Behaviour

Parents & Guardians involvement as adults gives an opportunity to ensure that the children have the best possible experience whilst participating in the sport of Calisthenics.

1. Remember that your child participates in the sport of Calisthenics for their enjoyment not yours.
2. The child's efforts and performance should be focussed upon rather than the overall outcome of the event. This assists the child in setting realistic goals related to their ability by reducing the emphasis on winning. Our aim is to ensure a positive experience regardless of your child's performance on stage.
3. Participating in accordance with rules should be encouraged at all times.
4. Remember that children learn best from example. Applaud all efforts by all teams.
5. Respect official's decisions and teach children to do likewise. If you disagree with an official raise the issue through the appropriate channels rather than questioning the official's judgement and honesty in public. Remember most officials are volunteers and give their time and effort for your child's involvement.
6. Recognise the value and importance of volunteer coaches, officials and administrators. They give of their time and resources to provide a supportive environment for all teams.
7. Applaud all performances and efforts from each team. Congratulate all participants upon their performance regardless of the competition's outcome.
8. Demonstrate appropriate social behaviour by not using foul language, harassing team members, coaches or officials. Remember you are representing Chelsea Calisthenics Club

